

# Central & Eastern Washington



## NO COST SENIOR HOUSING REFERRAL & PLACEMENT SERVICES

Mt. Hood Senior Solutions specializes in housing and care referrals throughout Central and Eastern Washington.

We are dedicated to providing excellent and ethical referral services to seniors and their families.

Our locally owned and operated services are offered at no cost to you and your loved ones!

*Live your life*



## HELPING YOU FIND THE RIGHT FIT

- Independent Living
- Assisted Living
- In-Home Care
- Respite Care
- Adult Care Home
- Memory Care
- Skilled Nursing
- Residential Care

[MtHoodSeniorSolutions.com](http://MtHoodSeniorSolutions.com)



## Discovery and Evaluation

In an effort to provide the best possible customer service & care options we would like to get to know you and your loved one's goals.

## Tour and Explore

After we have an understanding of what you are looking for in a care community, we will recommend options that will meet your needs, we look forward to touring with you to help discover your likes and dislikes.



## Live Your Life

Begin your best life as your loved one is supported and cared for.

## WE'RE HERE TO HELP

### Sasha Clark, Senior Advisor

My passion for working with seniors began almost 20 years ago when I started working at a nursing home as a feeding assistant. My heart was home right away. Since then, I've gone on to be a caregiver, and a sales administrator in assisted living, and even received my administrator's license to operate my own assisted living community. I enjoy working with seniors and their families, as I feel our seniors are often overlooked. Seniors still have a plethora of stories, wisdom, and love to share with the world!

*How lucky I am to have something that makes saying goodbye so hard*

-Winnie the Pooh

## CONTACT US FOR MORE INFORMATION



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